



**United States Department of Labor
Employee Benefit Security Administration**

Work and Life Changes Require Health Choices

The New York Regional Office is offering one presentation on “Work and Life Changes Require Health Choices.” The presentation runs approximately 60 minutes and is limited to 200 participants.

Do you have questions on how work and life changes can affect your health care coverage? Whether you are starting a new job, thinking about changing employers, losing or retiring from a job, getting married or divorced, or having children, you should know what your options and rights are regarding health care coverage. If you have questions about your employment-based health plan, join a presentation for more information.

Knowing your benefit options means knowing the basics about health care law so you can protect yourself and your dependents. The presentation will help you understand your plan and your rights under Federal law.

When: Tuesday, May 21, 2024 at 10:00 am to 11:00 am, ET

For more information, please contact Benefits Advisor, Michelle Zheng by [Email](#) or at telephone, (212) 607-8652

If one-on-one assistance is required, please notify Ms. Zheng. For individuals with disabilities who need special accommodations, please contact Ms. Zheng.

Where: Live over the internet or by phone

[Join by WebEx:](#)

Meeting number (access code): 2819 441 8492

Meeting password: c2GPxUJh4h9

Join by phone:

1-877-465-7975 US Toll Free

1-210-795-0506 US Toll

Access code: 2819 441 8492